

BOOK A DREAM

The **BOOK A DREAM PROJECT** visits local libraries and brings together youth to share their feelings, ideas, creativity and solutions that impact the development of their lives and communities.

YOU CAN TRANSFORM A LIFE

YOU'D BE AMAZED . . .

You can help young people Stay Strong with:

1. TIME: Get involved with the Stay Strong internship, mentoring or shadowing programs and help our youth realize their dreams.

2. EVENTS: Donate tickets or passes to the Foundation so we can share them with a young person or youth organization.

3. EDUCATION: Share your knowledge with a young person and/or donate educational materials to the Foundation's education initiatives.

4. MONEY: Your tax-deductible contribution will go a long way in supporting Foundation programs and special events.

OUR BOARD

Foundation Board of Directors: Terrie Williams; Johnnie L. Cochran; actor Avery Brooks, Susan L. Taylor of ESSENCE Magazine; promoter Butch Lewis; actress Kellie Williams; entertainer Doug E. Fresh; author Rita Ewing; and Xavier Artis, CEO of Players Govern Players.

OUR CORPORATE FRIENDS

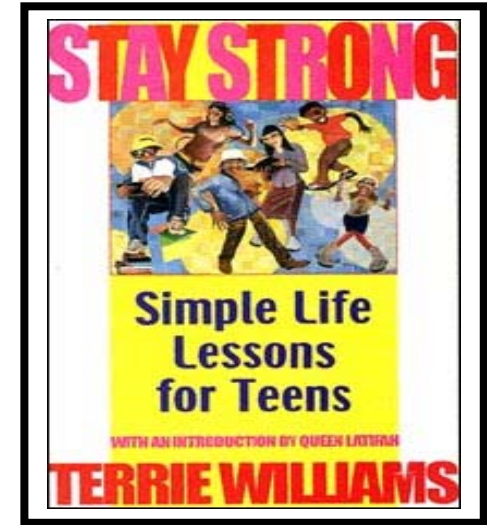
Loews Hotels, Foxwoods Resort and Casino, Planet Hollywood, Pfizer, BP Amoco, Time Warner, Macy's Foundation, Verizon Foundation, Loreen Arbus Productions, CareerPeeks Foundation, Kellee Communications, Charles Henry Leach II Foundation, Anheuser-Busch, The Coca Cola Foundation, Northrop-Grumman Foundation. Entertainers, sports figures and well-known business executives have joined us in our efforts to help youth Stay Strong. They include Jason Sehorn, Hazelle Goodman, recording artists Jaheim, Bow Wow, Doug E. Fresh, Sean "P. Diddy" Combs, comedian Joe Clair, former New York State Comptroller Carl McCall, Jon Tisch.

THE STAY STRONG FOUNDATION

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THE STAY STRONG FOUNDATION



**A National Movement
to
Support, Educate
and
Inspire Our Youth**



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HOW WE HELP OTHERS STAY STRONG . . .

The Stay Strong Foundation is a non-profit 501 (c) (3) organization launched in 2001 by Terrie Williams and Xavier Artis, in conjunction with the release of Terrie's book, **Stay Strong: Simple Life Lessons for Teens** (Scholastic). The Foundation supports, educates and inspires America's youth through Mentoring, Internship and Shadowing programs, as well as a variety of nationwide events that raise awareness of teen issues, promote the personal well-being of young people and enhance their educational and professional development.

THE STAY STRONG EXPERIENCE

The Foundation hosts a variety of informal gatherings around the country that allow young people to open their hearts and express their feelings without fear of embarrassment. Well-known individuals from the worlds of business, sports and entertainment are invited to share their personal testimonials on how to Stay Strong in tough times. Hearing how someone else came through the fire and is still standing strong is uplifting and empowering.

**“People open up in ways
I’ve never seen before.
It’s like holding a dark secret
inside that you haven’t told
because of fear of judgment.
But then you vent, release, exhale
and begin the process of healing.”**

Khalilah Abdul-Baqi
Singer, songwriter
and youth spokesperson for the Foundation

INTERNSHIPS

The Terrie Williams Agency “Boot Camp” has guided more than 500 youth and young professionals over the years. Internships are also being established with businesses and corporations all across the country.

MENTORING

A mentor is defined as a trusted friend or guide. Literally everyone who contacts us is asked to join the Stay Strong movement by agreeing to mentor a young person and encourage mentoring among their colleagues. Young people, in turn, are encouraged to give back to someone else. That's how we keep the cycle going.

There Are No Other People's Children . . .

SHADOWING

The Shadowing Program utilizes Terrie's relationships to enlist friends, business executives and established professionals to allow a young person to “shadow” them for a day. Youth get to experience a professional business environment and gain knowledge into the workings and daily routines of a corporate office. Young people can never aspire to anything if they aren't exposed to new and different worlds.

TERRIE PLUS ONE

TERRIE PLUS ONE is an “outside the office” opportunity for young people to join Foundation friends and supporters as they attend fundraisers, corporate dinners, movie premieres, awards shows and special events. It's a chance for kids to be exposed to and personally connect with other role models. **TERRIE PLUS ONE** allows youth to dream their dreams and understand what it will take to accomplish their goals.

***If We Don't Give Our Kids Time . . .
The System Will.***

Please contact us for more information on how you or your corporation can support The Stay Strong Foundation.